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Title **CHINSTRAP PENGUINS: MISUNDERSTOOD AND VULNERABLE MONITORS OF ECOSYSTEM CHANGES IN THE SCOTIA SEA REGION OF ANTARCTICA**

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ABSTRACT Sea ice plays a critical role in structuring ecosystem dynamics throughout the Scotia Sea (SS) region, and variations in ice extent are hypothesized to affect predator populations in this area directly. A paradigm guiding recent research in the Western Antarctic Peninsula (WAP) region of the SS, the “sea-ice hypothesis”, suggests that declines in the seasonal extent and duration of sea ice, owing to climate change, have led to declines in “ice-loving” Adélie penguin (*Pygoscelis adeliae*) populations, while “ice-avoiding” chinstrap penguin (*P. antarctica*) populations have increased (1-5). However, 30 years of field studies in the WAP, coupled with more regional surveys throughout the Scotia Sea, refute this hypothesis; both Adélie and chinstrap penguin populations in this region are declining dramatically. Here, we present evidence supporting an alternative, more robust, hypothesis that explains both increases and decreases in penguin abundance as a result of changes in abundance of Antarctic krill (*Euphausia superba*) in the SS region. Linking trends in penguin abundance with trends in krill biomass can explain why populations of both Adélie and chinstrap penguins increased after seals and baleen whales were over-harvested (6) and, more recently, are decreasing in response to climate change. Thus, while the “sea-ice hypothesis” predicts that chinstrap penguins will benefit from climate change, the “krill-biomass hypothesis” leads to the contrasting prediction that chinstrap penguins are highly vulnerable to the current regime of climate warming.

SUMMARY OF FINDINGS AS RELATED TO NOMINATED AGENDA ITEMS

Agenda Item This paper links trends in penguin abundance with trends in krill biomass to explain why populations of both Adélie and chinstrap penguins increased after seals and baleen whales were over-harvested (6) and, more recently, are decreasing in response to climate change. It refutes the “sea-ice hypothesis” which predicts that chinstrap penguins will benefit from climate change, and presents data that support the contrasting prediction that chinstrap penguins are highly vulnerable to the current regime of climate warming.

3.2

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Chinstrap penguins: misunderstood and vulnerable monitors of ecosystem changes in the Scotia Sea region of Antarctica

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Sea ice plays a critical role in structuring ecosystem dynamics throughout the Scotia Sea (SS) region, and variations in ice extent are hypothesized to affect predator populations in this area directly. A paradigm guiding recent research in the Western Antarctic Peninsula (WAP) region of the SS, the “sea-ice hypothesis”, suggests that declines in the seasonal extent and duration of sea ice, owing to climate change, have led to declines in “ice-loving” Adélie penguin (*Pygoscelis adeliae*) populations, while “ice-avoiding” chinstrap penguin (*P. antarctica*) populations have increased (1-5). However, 30 years of field studies in the WAP, coupled with more regional surveys throughout the Scotia Sea, refute this hypothesis; both Adélie and chinstrap penguin populations in this region are declining dramatically. Here, we present evidence supporting an alternative, more robust, hypothesis that explains both increases and decreases in penguin abundance as a result of changes in abundance of Antarctic krill (*Euphausia superba*) in the SS region. Linking trends in penguin abundance with trends in krill biomass can explain why populations of both Adélie and chinstrap penguins increased after seals and baleen whales were over-harvested (6) and, more recently, are decreasing in response to climate change. Thus, while the “sea-ice hypothesis” predicts that chinstrap penguins will benefit from climate change, the “krill-biomass hypothesis” leads to the contrasting prediction that chinstrap penguins are highly vulnerable to the current regime of climate warming.

41 A current paradigm of Antarctic ecology is that sea-ice variability is a primary driver of
42 penguin population trends. As sea-ice decreases in the SS region, the Adélie penguin,
43 which favors pack-ice habitat in winter, should decline in population size, while the
44 closely related chinstrap penguin, which forages in ice-free water in the winter, should
45 increase (1-5). The foundation for this hypothesis was based on observed decreases in
46 nesting populations of Adélie penguins and increases in chinstrap penguins following
47 winters of low sea-ice in the South Shetland Islands (1, 7). Ice has been less extensive in
48 recent years and Adélie penguin populations have declined, as predicted. However, in
49 contrast to expectations, there is now overwhelming evidence that chinstrap penguin
50 populations are also declining throughout the SS region.

51

52 [Insert Figure 1 here]

53

54 At mixed species colonies in the South Shetland Islands, Adélie and chinstrap penguins
55 have experienced >50% overall declines within the last 30 years (Figure 1A). Moreover,
56 since 1987, inter-annual changes in Adélie and chinstrap breeding populations have been
57 positively correlated (Pearson's $r = 0.7$, $p < 0.001$, $n = 20$). This contrasts with the negative
58 correlation observed from 1977 to 1986 (7) that defined the "sea-ice hypothesis" ((1)
59 (Pearson's $r = -0.80$, $p = 0.03$, $n = 7$, Figure 1B). During the first decade of our studies,
60 approximately 40% of the penguins banded as fledglings recruited back to natal colonies,
61 and first-time breeders constituted 20-25 % of the annual breeding population (Figure 1C
62 and 1D). Analyses of cohorts, during these early years, revealed a strong effect of winter
63 sea-ice on juvenile recruitment; young Adélie penguins recruited heavily to their natal
64 colonies following cold, winters with extensive sea ice, while juvenile chinstrap penguins
65 exhibited the opposite affinity, migrating to natal colonies following warm, ice free
66 winters (8). When juvenile penguin survival rates were high, variability in winter sea-ice
67 extent caused the strong, negatively correlated changes in breeding populations (1, 7).
68 However, the survival rates of juveniles of both species declined dramatically in the late
69 1980s (8). Presently, only 10% of the penguins banded as fledglings survive to return to
70 our study site (Figure 1d) and first-time breeders comprise <5 % of the annual breeding
71 population (Figure 1c). Adélie and chinstrap penguin breeding populations are no longer
72 dominated by the influx of large numbers of first-time breeders and thus, the impact of
73 contrasting juvenile recruitment patterns on annual population estimates of the two
74 species is now lost (Figure 1b).

75

76 [Insert Table 1 here]

77

78 Population declines at our study sites in the South Shetland Islands are not an anomaly;
79 Adélie and chinstrap penguin populations have declined concurrently region wide (Table
80 1). Both species have experienced significant population declines during the past 30 years
81 in the South Orkney Islands (9) and at colonies in the Antarctic Peninsula region (10). In
82 the South Sandwich Islands, long considered the heart of the chinstrap penguin's
83 distribution, both Adélie and chinstrap penguin populations have declined by more than
84 50% (11). Variability in sea ice remains a primary physical force in the SS region;
85 however, we suggest that sea-ice is not directly driving penguin population trends; rather,
86 it is one of several factors that mediate prey availability to penguins. Krill is the

87 dominant diet item for nearly all vertebrates in the SS region, including Adélie and
88 chinstrap penguins (7, 17-24). Large-scale changes in krill biomass alone explain both
89 why populations of Adélie and chinstrap penguins increased via competitive release,
90 following the harvesting of the whales and seals in this region (6) and, more recently,
91 why they have decreased as a result of climate change. However, these larger
92 populations of penguins were not sustained for long, and, as we have described herein,
93 Adélie and chinstrap penguin populations are now declining (Table 2, and refs.). The
94 recent declines may be a consequence of the return of whales and seals to the Southern
95 Ocean in the present post-whaling and sealing era. Concomitantly, increasing
96 temperatures and reductions in sea ice have altered the physical environment necessary to
97 sustain large krill populations.

98
99 [Insert Table 2 here]

100
101 Abundance and biomass trends in krill populations in the SS region exhibit large inter-
102 annual variability, owing to the infrequent occurrence of recruitment events (25, Figure
103 2A). Results from annual acoustic and net surveys of krill populations in the South
104 Shetland Islands over this time period suggest that the magnitude of krill recruitment
105 events has declined, while the average time between recruitment events (4-5 years) has
106 remained fairly consistent (25; Figure 2A). The decline in recruitment strength is an
107 important factor determining the amount and mean size of krill available for recently
108 fledged penguins. Both Chinstrap and Adélie penguin fledging weights have declined (8)
109 and therefore each has less of a buffer against low krill abundance as they depart their
110 breeding colonies at the end of the summer. Sea-ice extent and duration have been
111 correlated with the reproductive success of krill, and in years following winters with
112 expansive ice area and temporal duration, krill reproductive success increases (26). Mean
113 annual sea-ice extent in the SS region is inversely related to mean annual air temperature
114 (Figure 2B) and the rapid warming experienced in the South Shetland Islands (12, 13) is
115 correlated with regional declines in sea-ice extent and duration affecting krill productivity
116 (27). Long-term climate driven declines in krill abundance are evident over the SS
117 region; krill density has declined by almost 80% from the early 1970s to the present, and
118 that the decline was associated with reductions in sea ice (27). The decline in
119 reproductive capacity associated with the overall decline in sea-ice suggests that food
120 resources for penguins and other predators will continue to decline in the near future.

121
122 [Insert Figure 2 here]

123
124 There is now overwhelming evidence to confirm significant declines in both Adélie and
125 chinstrap penguin populations throughout the SS region and to refute the hypothesis that
126 Adélie and chinstrap population changes are directly but inversely related to sea ice (1-5).
127 If, as predicted, the warming trend continues (13, 42), winter sea-ice will be absent from
128 much of the SS region, krill abundance will remain low and episodic (25, 26) and Adélie
129 and chinstrap penguin populations will likely continue to decline. This is particularly
130 critical for chinstrap penguins because this species breeds almost exclusively in the SS
131 region where they have sustained declines in excess of 50% throughout their breeding
132 range. Chinstrap penguins have no southern breeding refuges; unlike Adélie penguins,
133 which, while experiencing similar declines as chinstrap penguins in the SS, are buffered

134 by having large, stable populations in the Indian Ocean and Ross Sea sectors of
135 Antarctica. Given the magnitude of their population declines, the predictions of
136 increasing warming in this region (42) and the links between climate change and
137 reductions in krill biomass (26), the obligatory food of the chinstrap penguin, we suggest
138 that chinstrap penguin populations should be carefully monitored and their status
139 regularly reviewed. Long thought to be ecological winners in the climate-warming
140 scenario (1-5), the chinstrap penguin is instead among the most vulnerable species
141 affected by climate warming.

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143 References and Notes

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Figure 1.

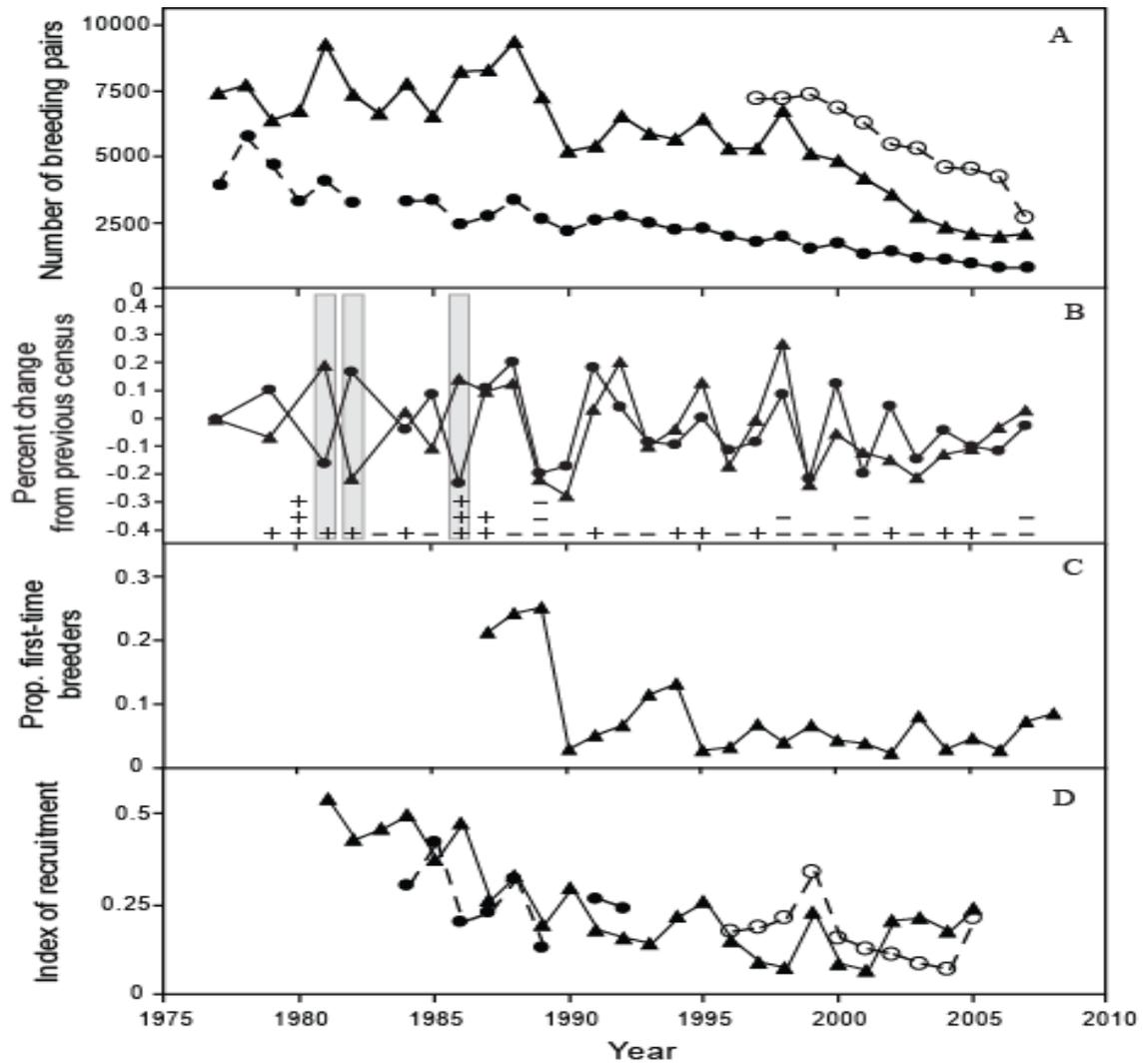


Figure 1. Closed circles (●) indicate chinstrap penguins in Admiralty Bay, King George Island (AB). Open circles (○) indicate chinstrap penguins at Cape Shirreff, Livingston Island (CS). Closed triangles (▲) indicate Adélie penguins in AB. A) Number of breeding pairs of Adélie and chinstrap penguins at all AB and CS colonies. These are CCAMLR-Ecosystem Monitoring Program data and include counts from other researchers and interpolations to estimate total abundance in some years. B) Percent change in breeding population size at AB colonies. The chinstrap data from 1978-1987 are from Copacabana colonies only (8). Data from 1988 to present are from all AB colonies. Grey bars highlight the years where the percent change in Adélie and chinstrap breeding populations exceed 10% in opposite directions. Horizontal line indicates the zero change. C) Proportion of first-time breeders in the population. D) Index of recruitment, based on analysis by (8). Chinstrap recruitment prior to 1984 is excluded in our analysis due to inconsistent resighting effort.

Figure 2.

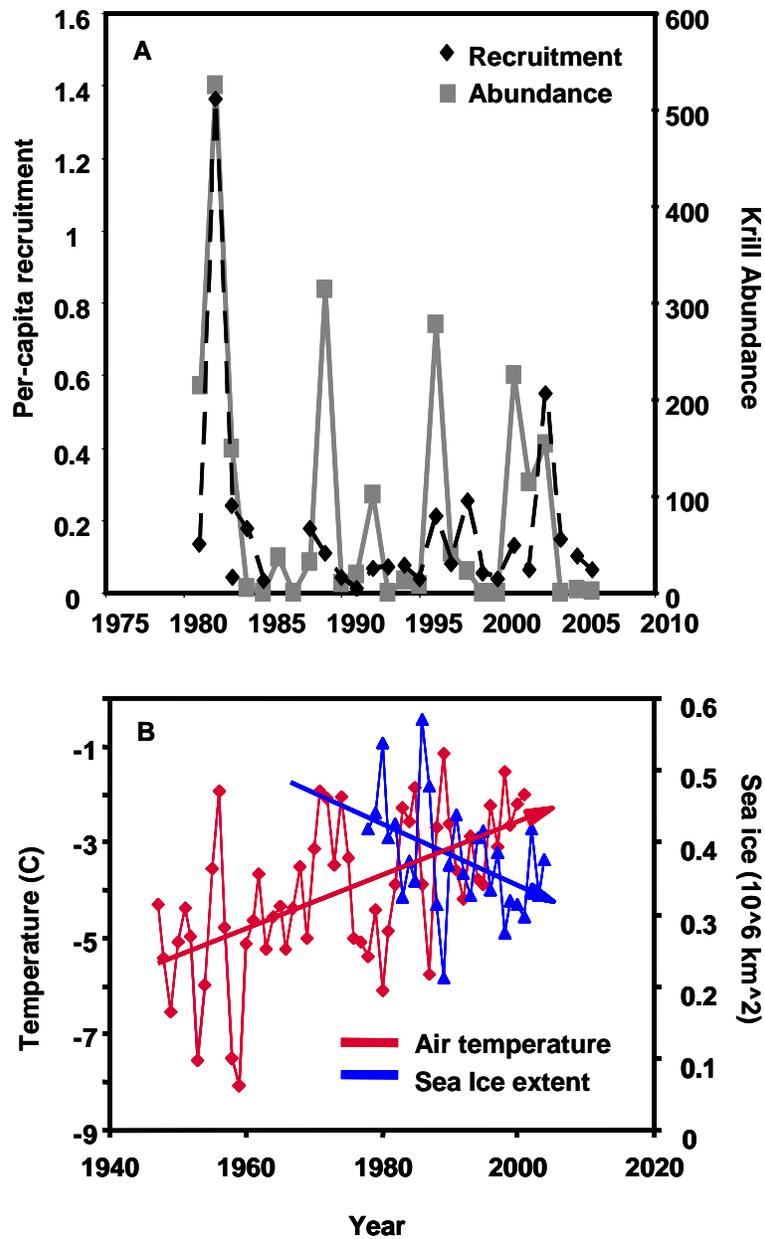


Figure 2. A) Time series of per-capita krill recruitment and krill abundance between 1980 and 2006 for the Elephant Island region of the South Shetland Islands, derived from annual net-tow surveys of the region (25). (B) Mean annual (January to December) temperature (°C) and sea-ice extent (>15% ice concentration) time series in the Antarctic Peninsula. Air-temperature and sea ice extent are significantly correlated ($r > -0.7$, $p < 0.05$) over the 30 year times series.

Table 1. Average annual percent changes in the abundances of Adélie and chinstrap penguins from breeding colonies in the Scotia Sea. Averages are weighted by absolute changes in abundance and are limited to colonies where data exist from the mid 1970s to present with a minimum of 10 years between the first and last counts.

	Adélie	Chinstrap
Western Antarctic Peninsula	-0.22	-4.40
South Orkney Islands	-4.50	-1.90
South Sandwich Islands	-3.90	-4.40

Adélie colonies from the WAP are at Devil Island¹⁰, Penguin Point¹⁰, Berthelot Islands¹⁰, Booth Island¹⁰, Detaille Island¹⁰¹, Fish Islands¹⁰, Petermann Island¹⁰, Yalour Islands¹⁰, Penguin Island³⁵, Palmer Station³, and Stranger Point³⁸. Adélie colonies from the South Orkney Islands are at Shingle Cove¹, Watson Point⁴, and Signy Island⁹. Chinstrap colonies from the WAP are Cecilia Island¹⁰, Entrance Bay¹⁰, Hannah Point¹⁰, President Head¹⁰, Eckener Point¹⁰, Georges Point¹⁰, Hydrurga Rocks¹⁰, Orne Islands¹⁰, Useful Island¹⁰, Waterboat Point¹⁰, Booth Island¹⁰, Penguin Island³⁵, Chabrier Rocks³⁶, Palmer Station³, and Harmony Point³⁸. Chinstrap colonies from the South Orkney Islands are at Cape Robertson³⁸, Pirie Peninsula³⁸, Watson Peninsula³⁸, South Coast³⁸, Port Martin³⁸, and Signy Island⁹. Specific colonies from the South Sandwich archipelago¹¹ are not identified.

Table 2. Harvesting levels and population trends for krill dependent predators in the Southern Ocean and Western Antarctic Peninsula (WAP) regions from the early 1800s to the present.

Take

SPECIES	LOCATION	1800-1900	1900-50	1950-75	1975-2000	2000-present	References
Small Baleen	S. Ocean	Low/Moderate	High		-	-	28, 29
Large Baleen	S. Ocean	-	High		-	-	28, 29
Fur Seal	WAP	High	-		-	-	30-32
Finfish*	WAP	-	-		High	Low	33

Population Trend

SPECIES	LOCATION	1800-1900	1900-50	1950-75	1975-2000	2000-present	References
Small Baleen	S. Ocean	Decrease	Decrease		-	Increase	28, 29
Large Baleen	S. Ocean	?	Decrease		-	Increase	28, 29
Fur Seal	WAP	Decrease	-	Increase	Increase	Increase/Stable	30-32
Finfish*	WAP	?	?	?	Decrease	Stable?	33
Chinstrap penguin	WAP	?	?	Increase	Decrease	Decrease	7-10, 14, 34-41
Adélie penguin	WAP	?	?	Increase	Stable/Decrease	Decrease	7-10, 14, 34-41

**Champsocephalus gunnari* and *Notothenia rossii*